



# 6 MINDSET RESET - VICTIM TO VICTOR

*“Life is 10% what happens to you  
and 90% how you react to it.”  
– Charles R. Swindoll*

Mindset is everything when it comes to *Left Turns* going *Right*. One of the most important lessons I learned in life, regardless of what happens to me, is that I have the power to choose how I interpret it.

Because of our past experiences together, I had a lot of respect for Bill. He showed genuine care and interest in me when I was a young kid. I revered Bill as a mentor and a role model to follow. Frankly, Bill could have asked me to do just about anything, and I would have done it. So, when he asked me to attend a conference, I didn't think twice about it. The conference was called The Forum, which is known today as the Landmark Forum. I immediately called the number that he gave me to register for the event.

The conference was held in downtown Los Angeles. It began on a Friday morning and ended on a Sunday evening. It wasn't until the end of the first day that I realized that Landmark Forum

had nothing to do with real estate. I was already invested, though, and knowing that Bill had asked me to attend and had paid for it, I wasn't about to back out.

The Landmark Forum taught people how to transform themselves. They taught this by teaching people how to be aware of what they know, how they think, and how they act. They believed that any person could transform their lives when they aligned their awareness with their potential.

After the last day of the conference, my outlook was completely transformed, and it completely changed my life. The way I thought changed so significantly that I became a brand new person. For the first time in my life, I learned that I had the power to choose how to view my experiences up until that point. I had the power to decide what to think, how to feel, and how to view the world around me. I learned that I had the power to choose to give any experience meaning, whether good or bad. For example, I learned that I was allowed to change how I felt about all the hurt and pain I had been trying to bury deep down inside, which controlled my thoughts and feelings. I had the power to take all those past experiences and choose NOT to let them affect me.

I've never learned a more valuable skill in my life. I learned that I had the power to change how I felt about anything. Once I learned I had the power to do that, the chains that held me mentally hostage for years were broken. When I left that conference, I chose at that moment not only to rewrite how those awful experiences impacted me, but how to rewrite my beliefs about what I could achieve.

You see, up until that very moment, I believed that life was evil, people were mean, the world was not safe, and there was no place for me in it. I also believed that having a successful and fulfilling life was only meant for other people. But something magical happened. The veil that had clouded my mind was lifted. My thoughts were transformed, and everything around me seemed to change. It was

as if I had been mentally reborn. For the first time, I felt truly alive, with a newfound sense of purpose. Why? Because for the first time in my life...I had hope.